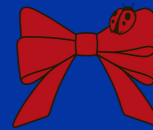




Erika's Lighthouse



The Sarah Michelle
Peterson Foundation

The Erika's Lighthouse Program: Depression and Suicide Awareness 8th & 10th Grade Families

This year, Suffolk Public Schools is partnering with The Sarah Michelle Peterson Foundation to implement a depression and suicide awareness program. This program was developed by a highly respected mental health education and advocacy organization, Erika's Lighthouse: A Beacon of Hope for Adolescent Depression.

**Student
Presentations:
March 8/9 in their
HPE Classes**

**FAMILY
INFORMATION
MEETING**

**TUESDAY,
MARCH 7**

**8TH GRADE (5:30PM)
10TH GRADE (6:30 PM)**

**KFHS - BLACK BOX
THEATRE**

Program Goals:

- Raising awareness of depression and its symptoms.
- Reducing the stigma surrounding mental health issues.
- Encouraging the utilization of support services if necessary.



**Suffolk Public
Schools**